

A Weekend Update from Holland Moor-September 29 2023



Welcome and some technical information

Welcome to Newsletter - number 05 of the current school year. All previous newsletters can be found on our school website www.holland.lancsnafl.ac.uk

A Message from Our Sponsor



I feel particularly pleased when we can introduce some extra special events into our already diverse curriculum. I was delighted to observe the success of our yoga days this week. It was great to see both staff and children fully engaged in yoga poses and movements. I hope our children remembered some activities and you tried them at home as a family group.

Mr Beale's Highlight of the Week



It was great to be in the year four classes this week. The children have been focusing on improving their handwriting, using their grammar knowledge accurately and writing at greater length. There has certainly been a major improvement over five days. I particularly liked their poems about where they could see hidden images of animals – including in the clouds, on walls and in flickering flames. The poems were sensitive and thoughtful.

Yoga Days at Holland Moor



Our Year 1 and year 2 children thoroughly enjoyed their Yoga activities focused on promoting relaxation and well-being. They engaged in various yoga and mindfulness exercises. Their sessions began with a calming circle, during which they practised deep breathing techniques to help them relax and concentrate. They progressed to fun warm-up exercises which incorporated animal movements, enhancing their body awareness and coordination. As the session continued, the children were introduced to fundamental yoga poses like the tree pose and the cobra pose. These activities emphasised balance, strength, and flexibility, with the children enthusiastically trying out each pose.

Year 3 and year 4 found their Zen this week when they took part in some soothing yoga activities. They practised a number of breathing exercises and tried to concentrate on balancing their bodies in tree, child, dog and warrior poses! To end the session the children chanted some positive affirmation mantras. They returned to class calm, rejuvenated and ready to continue with their learning!

On Thursday and Friday, year five and six took part in a Mindfulness Yoga session which enabled the children to learn a range of breathing techniques, poses and relaxation activities. The lesson started with the children learning the lotus pose and then moving on to sun salutations which included four new poses to help the children complete whole body stretches. The session finished with the tree pose and a mindfulness relaxation activity where the children lay on the floor and closed their eyes. All our children were thoroughly relaxed and well-stretched by the end of the lesson.

School Census



Next Thursday (October 5th) is national school census day, it's the day lots of information is gathered that affects our 2024/2025 funding. So, it is important that as many children as possible choose to eat a school meal as the number directly affects the overall meal subsidy we receive. It is, of course, only a coincidence that we've put together a special menu for the day – see our chart!

Class of the Week. This week it's Class 5-6M



Class 56C have enjoyed a very busy week at school. In each lesson they have tried their best showing excellent listening skills and great enthusiasm for their learning. In maths, we have been busy working on our protractor skills, reading and creating angles. The children were impressively accurate. During science, the children made some fantastic sun dials to show how light from the sun indicates the time. In history the class were appalled yet intrigued by the way some crimes were punished in the past. They have also been creating some short stories independently in writing lessons and have taken any extra time to carry on with their stories - some have even taken copies home to complete.

PE Kits



Much better this week – only 5 children without the correct / appropriate kit. Now it's getting colder children really need a nice warm top for outside games – they definitely can't wear a coat or their school top.

School Clubs



Our Tuesday basketball club will now finish at 4pm and not 3.45pm as the coach wants more time with the group. He's delighted with their attitude and skill level.

School Councillors



The councillors had to be financial advisers this week, as we have discussed classroom budgets. They must now discover how their classmates want to spend the class allocation. I'll let you know what choices are made.

Our Ninja Words of the Week



Our words are precaution, deflate, hurl, grit and crestfallen

Reception Year Words of the Week for Week Beginning September 25

Vocabulary

Linked to our theme	habitat
Linked to our phonics sound	sit
An object	conker
A description	crisp
A feeling	proud

Attendance. A continuing school priority.



Our attendance for this week was 93.4%

The national attendance figure for last week was 92.8%

Our overall attendance for September was 93.6%

The national target for attendance is 96%

On the Department for Education website we are ranked 363 out of 392 Lancashire schools for attendance.

I'll write to any parent/carer of a child where attendance for September is less than 93%. Please remember that if your child has attendance of less than 90% they are classified as a persistent absentee and I'll need to meet with you to discuss ways we can improve attendance. Extremely low attendance will require a meeting with myself and a representative of the local authority. Poor school attendance is, as you are aware, a major national concern and a national target for improvement. I will have to prove to Ofsted and the DfE that I am doing everything possible to raise our attendance levels.

Sports Events at Holland Moor



Results and Reports

The Holland Moor girls' football team played in their first tournament of the year. They are immediately showing high skill levels and superb teamwork. The girls did extremely well reaching the final of the competition! They should all be so proud of their efforts.

Future Events and Fixture

Wednesday 4th October- Girls' football team v St Richard's

Dates



Tuesday October 03	Flu Vaccines
Wednesday October 04	HM Maths team in the Lathom HS Maths Tournament.
Wednesday October 04	Welcome to our Reception Class meeting – 14.00-14.45
Thursday October 12	Choir Concert
Tuesday October 17	Consultation Evening
Wednesday October 18	Consultation Evening
Monday October 23	Start of half-term week
Tuesday October 31	Halloween Discos
Monday November 06	Nursery 2 Consultation Evening 1
Tuesday November 07	Nursery 2 Consultation Evening 2
Monday December 11	Production/Presentation – 2M at 09.30 and 3D at 14.00
Tuesday December 12	Production/Presentation – 2O at 09.30 and 3T at 14.00
Wednesday December 13	Production/Presentation – 1L at 09.30 and 4C at 14.00
Thursday December 14	Production/Presentation – 1R at 09.30 and 4P at 14.00
Friday December 15	Production/Presentation – RK at 09.30 and 4J at 14.00
Monday December 18	Production/Presentation – RB at 09.30
Tuesday December 19	Production/Presentation – N2 at 09.30
Wednesday December 20	Christmas Dinner
Thursday December 21	Christmas Parties
Friday December 22	Last Day of Term

Lunch Menu – October 02 to October 06

Monday October 02	Pasta Carbonara	Barbecue Wraps
	Vegetable Wraps	Sweet Chilli Chicken Tortilla
	Oven Chips	Coleslaw with optional Salad
	Vegetables of the Day	
	Iced Sponge Cake	Rice Pudding with Jam or Sultanas
Tuesday October 03	Pork Meatballs with Spaghetti and Tomato Sauce	Beans and Cheese on Toast

	Vegetables of the Day	Vegetable Balls with Spaghetti and Tomato Sauce
	Cherry Shortcake	Chocolate and Vanilla Cookies
Wednesday October 04	Picnic Lunch with Vegetarian Option	Chicken Pasta Bake in an Arrabiata Sauce
	Quorn Pasta Bake	Vegetables of the Day
	Strawberry Mousse	Oatie Cookies
CENSUS DAY	CENSUS DAY	CENSUS DAY
Thursday October 05	Pepperoni Pizza	Margarita Pizza
	Chicken Nuggets	Oven Chips
	Veggie Nuggets	Vegetables of the Day
	Artic Roll and Peaches	Syrup Sponge and Custard
Friday October 06	Roast Gammon Dinner	Roast Chicken Dinner
	Roast Quorn Dinner	Beef Spaghetti Bolognese
	Quorn Bolognese	Vegetables of the Day
	Buddies Flapjack	Syrup Cookies

Here's wishing you a great weekend.

MIKE BEALE