



## Bucket Filling At Holland Moor

At Holland Moor we believe in the concept of Bucket Fillers and Bucket Dippers. Everyone in our school practises being a bucket filler!

We use the idea of bucket filling to encourage positive behaviour. Children and staff express their kindness, appreciation, positive feedback and love by filling buckets – invisible or real buckets are used.

The concept of being a bucket filler comes from Carol McCloud's Book *Have You Filled A Bucket Today?* and is based around the idea that everyone carries around an invisible bucket that, throughout the day is being filled by the kind things that you do for others or that others do for you.

A bucket filler is someone who shows positive character traits (being kind, considerate, caring and respectful) and is a responsible pupil. We all know that when our buckets are full, we feel happy and when our buckets are empty, we feel sad.

At Holland Moor, we learn all about the different qualities that bucket fillers and bucket dippers exhibit. We practise being a bucket filler in the classroom and encouraging children to be bucket fillers at home.

It is very important that this concept is carried over into children's home lives. You can help your child be a bucket filler by discussing the concepts at home. You can praise your child at home when they do something that fills your bucket or someone else's bucket.

Our children understand that everyone has an invisible bucket and how important it is to be bucket fillers and do nice things for other people and make them happy, whether that is through a smile, a kind word or a helpful hand. They also know how bucket dipping can be very damaging and upsetting both to the people we are marking sad and to ourselves.

Individuals from each class who have demonstrated bucket-filling qualities are recognised and celebrated in our weekly celebration assembly each Friday.

We also give daily bucket cards to children to share with their families at the end of the day.

